



Pads Across America Funding Parameters: Education

Menstrual Health (MH) Education

- The Pad Project provides grants to nonprofit organizations operating within the U.S. to host educational MH workshops.
- Acceptable workshop topics include but are not limited to
 - Proper menstrual care
 - Effects of period poverty
 - Menstrual stigma (or taboos about menstruation)
 - Menstrual equity awareness campaigns
- All educational materials must be targeted at populations residing within the U.S.



Pads Across America Grant Application

Please type your responses to the following questions and email them as a PDF attachment to grantsmanager@thepadproject.org. Applications should be **2 to 6 pages** (not including attachments).

Organization Information

1. Organization Name
2. Organization Location
3. Organization EIN
4. Mailing Address (for check)
5. Website
6. Social Media Links (Instagram, Twitter, Facebook, etc.)
7. What is the organization's mission statement?
8. What are the goals and primary focus areas of the organization?
9. How many people does the organization serve?
10. If available, please provide general demographic information about the individuals you serve. (e.g. age, ethnicity, housing status, etc.)

Program Leader

1. Name of Program Leader
2. What experience does the program leader have with menstrual product distribution or menstrual health education?
3. Attach a copy of the program leader's CV (or bio) to the application.

Project Overview - MH Programming

Please provide a detailed description of your planned MH program.

1. Where will the program be held? (e.g. Zoom, school, etc.)
2. How many people will attend the program?
3. What types of activities or programming will there be?
4. What are the learning outcomes of the program?
5. What else should we know about your MH program?

Budget

1. Attach a spreadsheet with a line item breakdown of the proposed budget. Please include any expected costs associated with the MH program.
2. Attach a budget justification that details how the funds will be used.

the pad project.

Timeline

1. What is your desired launch date?
2. What will be the duration of the project (e.g. 6 months, 1 year, etc.) and why?

Evaluation

1. How do you plan to keep track of the number of individuals served by this grant?
2. How will you measure the success of the program? (e.g. pre and post surveys, interviews, etc.) Be as specific as possible.
3. Do you have the capacity to share regular updates, photos, and quotes with us? (Please note, photos and quotes DO NOT need to include beneficiaries.)