A period should end a sentence, not a girl’s education.®

The Pad Project is a 501(c)3 not-for-profit organization whose mission is to create and cultivate local and global partnerships to end period stigma and to empower women and all menstruators worldwide. In 2013, a youth-driven community of students and educators started The Pad Project with the idea that menstruation matters for everyone. Together they created the Netflix documentary Period. End of Sentence., which won the 2019 Academy Award for Best Documentary Short, and since then, The Pad Project has continued to grow.

The Pad Project partners with local organizations and grassroots NGOs to implement pad machine or washable pad programs, run menstrual hygiene management (MHM) workshops, and distribute menstrual products in communities around the world. We work with our partners to tailor each program to the specific menstrual health needs of each community.

What is period poverty?

Period poverty is the lack of access to menstrual products, menstrual hygiene education, toilets, and washing facilities and/or waste management. According to the National Women’s Law Center, nearly 1 in 8 American women lived in poverty in 2018 and nearly 1 in 3 women of childbearing age was economically insecure. Tampons, pads, and other menstrual hygiene products are not accessible to economically insecure menstruators via food stamps, health insurance, or Medicaid coverage.

What do we do?

The Pad Project has 4 programs intended to increase the availability and accessibility of menstrual products in the U.S. and around the world.
Join the movement today! Help us make menstrual equity possible by increasing access to affordable menstrual products worldwide.

For more information, visit us at thepadproject.org or email us at info@thepadproject.org